



VASER[®] LIPOSUCTION

Helpful advice and tips

VASER® / AN INTRODUCTION

VASER® uses leading edge of liposuction technology and due to public demand is rapidly superseding traditional liposuction.

VASER® Liposuction uses ultrasonic technology that is a lipo selective treatment. The transmitted ultrasound targets unwanted fat whilst preserving nerves and blood vessels. The liquidised fat is then liposuctioned, which is physical removal of fat from treatment areas. The POWER X component is the mechanised assistance of the actual liposuction component. Using POWER X means the doctor can remove fat easily and has more control of the liposuction tubes during suction.

We usually perform this under local anaesthetic or with conscious sedation.

The treatment is ideal for both men and women and sensitive areas such as the chin, neck, arms and inner thighs. There is a large increase in men who want to undergo breast reduction surgery or Gynecomastia or those women who want to augment the size of their buttocks.

POWER X VASER® Liposuction is a safe alternative to the traditional liposuction technique and is ideal for removing stubborn fatty areas that struggle to go with exercise and strict diets.

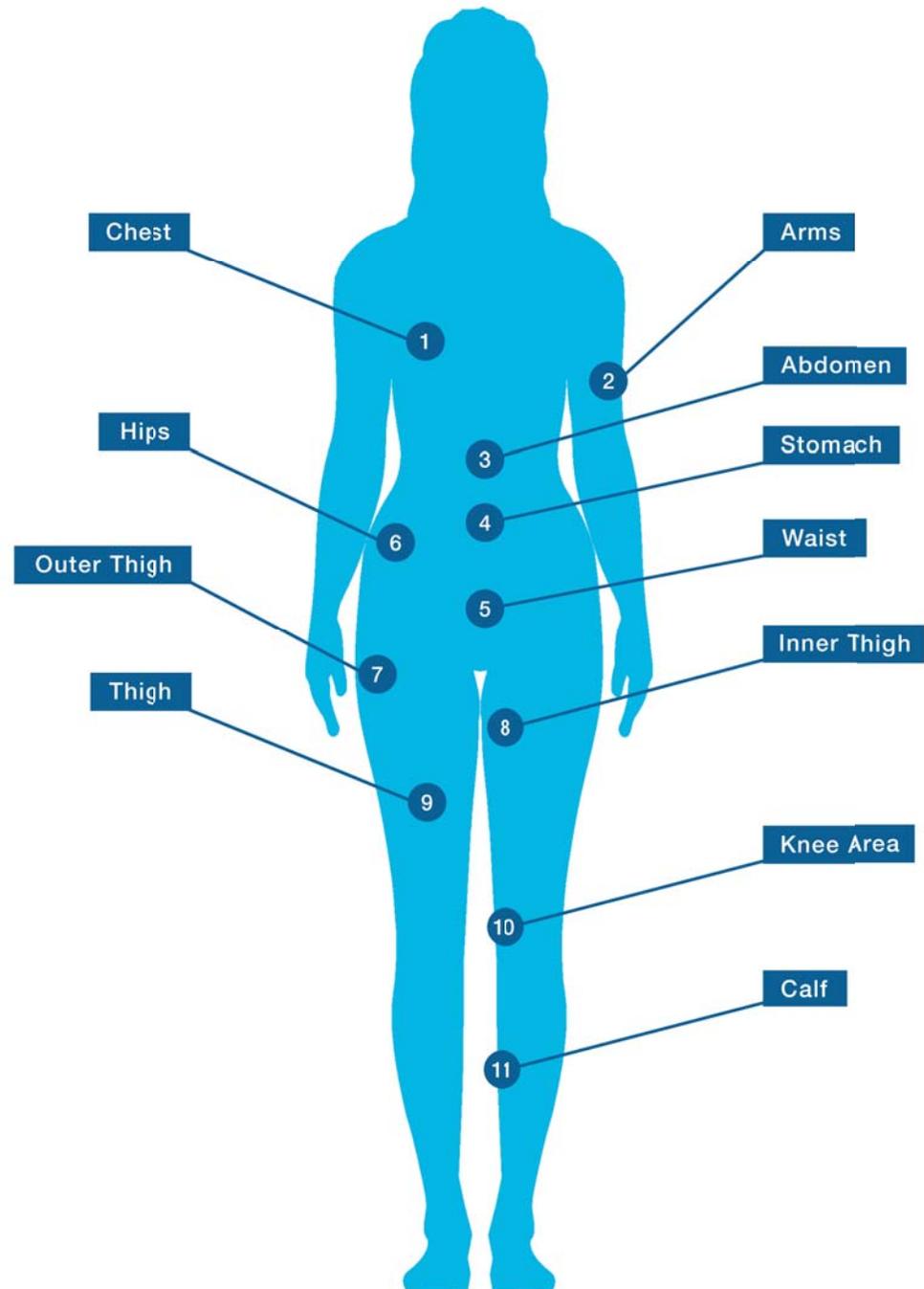
TREATMENT

What happens during treatment?

The diluted local anaesthesia is placed in the treatment areas. VASER® probes are then inserted into the fatty tissue and used to gently liquify the fat cells. The vibration from the probe weakens the bonds between the fat cells leading to an emulsified solution. Once the emulsification is in process, a small cannula is used to remove the liquid and the fat cells.

Treatment zones:

- Arms (Bingo Wings)
- Chest
- Waist / Hips
- Flanks
- Abdomen
- Chin
- Jaw Line
- Inner Thighs
- Outer Thighs (Saddle Bags)
- Buttocks





THE PROCEDURE

How long does the POWER X VASER® Lipo procedure take?

We usually advise that the procedure will take anywhere between 90 minutes to 3 hours. After the procedure you would need to stay with us for monitoring until we feel you are safe to go home, usually around 30 minutes. We advise that you do not operate heavy machinery or drive a car for at least 24 hours after the procedure.

Will I require a general anaesthetic? Do I need to stay in hospital?

We usually perform standard POWER X VASER® Lipo for small areas under local anaesthesia. Larger or multiple areas especially with 4D VASER®, Hi-Def and even Mid-def VASER® lipo we will most often perform this under conscious sedation.

How quickly can I return to work after POWER X VASER® Liposuction?

We usually advise that patients take a few days off work and then return back to light duties. Those who have any of the body sculpting techniques may require up to 5 days.

Does the POWER X VASER® Lipo procedure hurt?

Under local anaesthesia the most uncomfortable part is the infusion of the LA. Your doctor will inject entry area, and then inject the entry points with an anaesthetic and then using a small tube further anaesthesia is infused into the fatty layers to be treated. It may sting for a short while but then when the anaesthesia takes effect most patients describe the following sensation as a “dullness” or “heaviness”. During the procedure you may feel the occasional discomfort or a tugging.

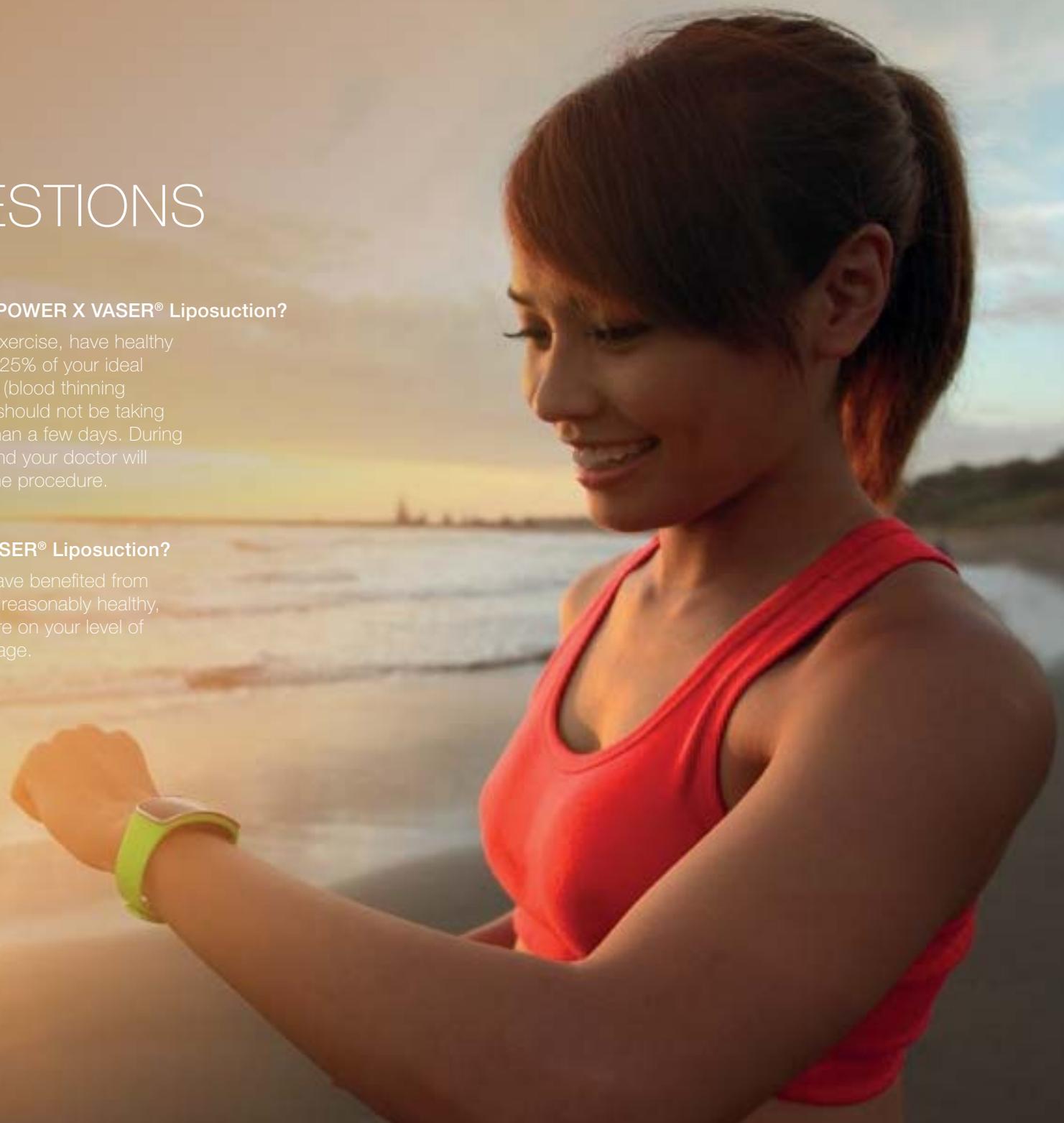
IMPORTANT QUESTIONS

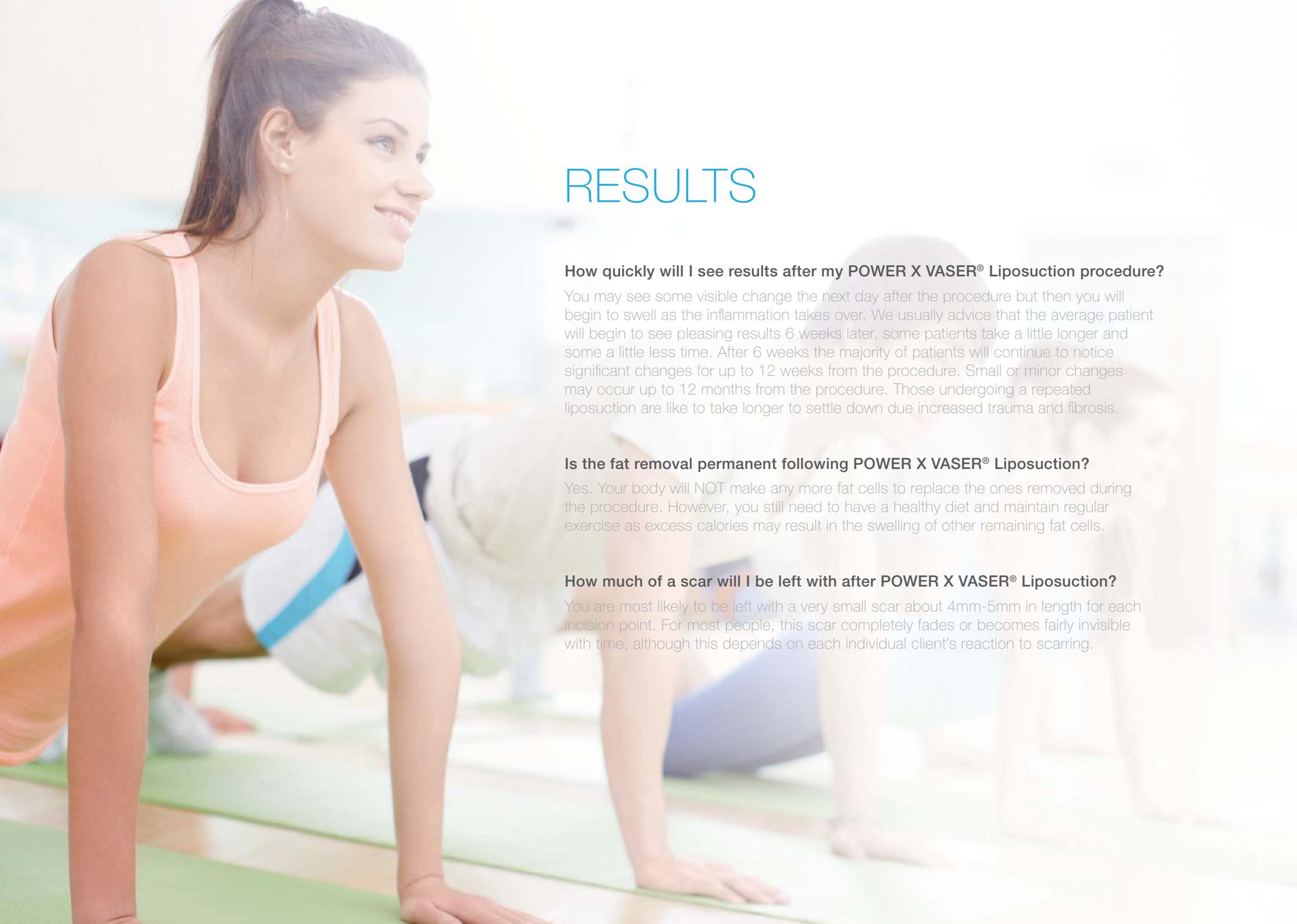
Is there any reason I could not be treated with POWER X VASER® Liposuction?

In general you need to be healthy, undergo regular exercise, have healthy eating habits and you should not exceed more than 25% of your ideal weight. You should not be taking any anticoagulants (blood thinning agents), Vitamin E supplements or be diabetic. You should not be taking steroids or anti-inflammatory medications for more than a few days. During the consultation a full medical history will be taken and your doctor will discuss your option and confirm your suitability for the procedure.

What age do I need to be to have POWER X VASER® Liposuction?

Any age can be treated and people aged 18 – 80 have benefited from POWER X VASER® Lipo. We do require that you are reasonably healthy, age is really no restriction. Good results depend more on your level of physical activity, health, nutrition and skin tone than age.





RESULTS

How quickly will I see results after my POWER X VASER® Liposuction procedure?

You may see some visible change the next day after the procedure but then you will begin to swell as the inflammation takes over. We usually advise that the average patient will begin to see pleasing results 6 weeks later, some patients take a little longer and some a little less time. After 6 weeks the majority of patients will continue to notice significant changes for up to 12 weeks from the procedure. Small or minor changes may occur up to 12 months from the procedure. Those undergoing a repeated liposuction are like to take longer to settle down due increased trauma and fibrosis.

Is the fat removal permanent following POWER X VASER® Liposuction?

Yes. Your body will NOT make any more fat cells to replace the ones removed during the procedure. However, you still need to have a healthy diet and maintain regular exercise as excess calories may result in the swelling of other remaining fat cells.

How much of a scar will I be left with after POWER X VASER® Liposuction?

You are most likely to be left with a very small scar about 4mm-5mm in length for each incision point. For most people, this scar completely fades or becomes fairly invisible with time, although this depends on each individual client's reaction to scarring.

AFTER CARE

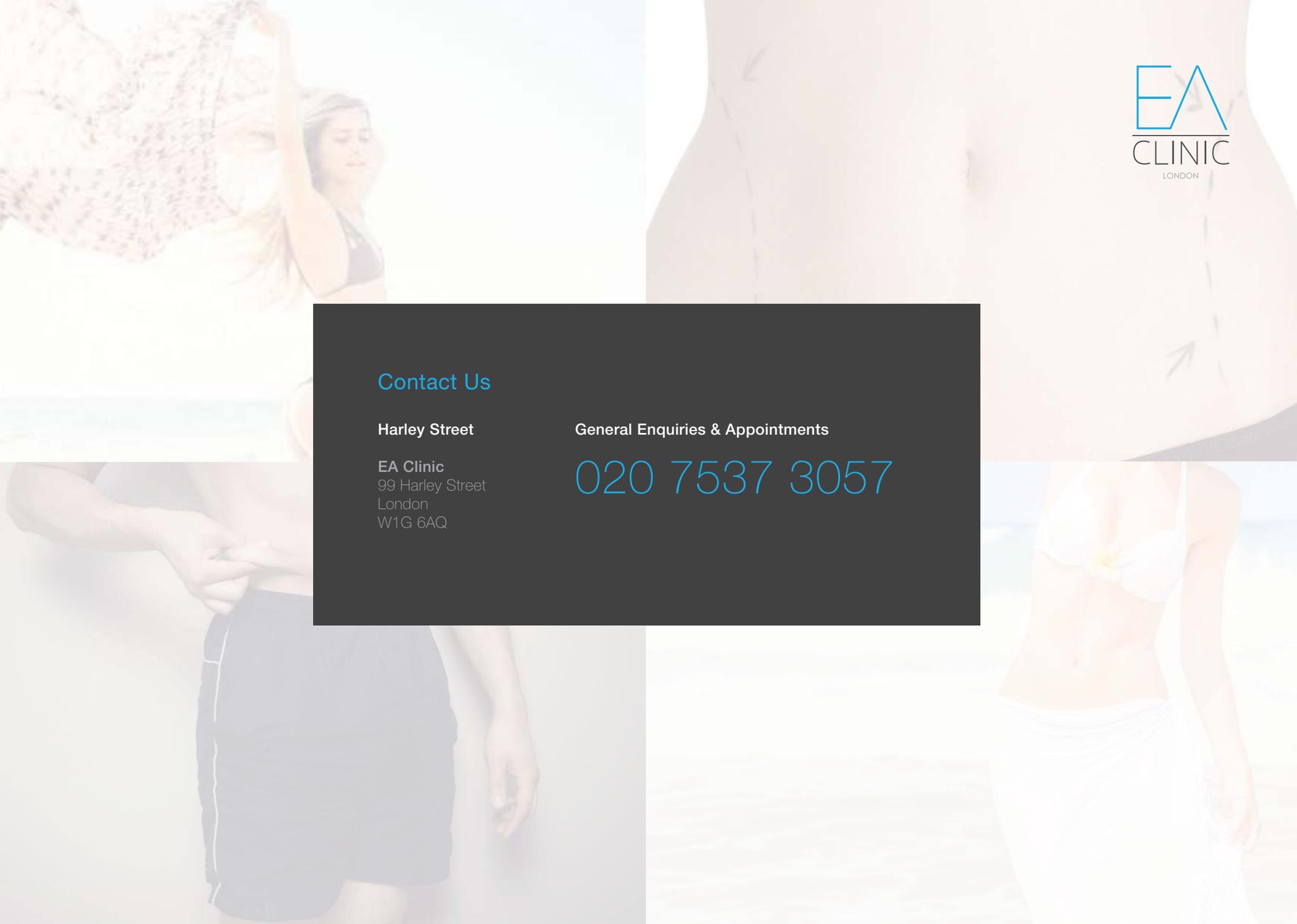
How long will I need to be in a compression garment after POWER X VASER® Liposuction?

You will need to wear the compression garments for 3 weeks after VASER® Liposuction procedure. Normally we recommend you wear the supplied primary surgical compression garment for 24hours/day during the first 3 weeks, and then downgrade to sshapewear / Spanx / Sports garment for at least 8 hours a day for a further 3 weeks..

How do I maintain and enhance my new look after treatment?

A balanced, healthy diet and regular exercise will not just maintain your new sculptured look but also boost your results.





Contact Us

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